

# Checking Assumptions

## Worksheet Adult version

### How Prepared Are You?

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We often suppose that we deeply understand what someone who is living in poverty is going through. Please place a check in the box where you have experience.

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|---|--|--|--|
| Spent the night in the home of someone who had significantly less money than you. | Eaten the last two cans of food in your pantry.              | Lived without electricity for more than 48 hours.            | Moved at least three times in one year.                  |
| Been without transportation to get to an appointment.                             | Taken a ride on a public bus.                                | Had only one coat.   | Seen someone die.  |
| Seen a different doctor every time you need medical care.                         | Not seen a dentist for at least three years.                 | Used a check cashing business.                               | Walked everywhere you needed to go for a week.           |
| Lived with only five books in the house.  | Had all your possessions thrown out on the side of the road. | Been the only person of your race in a meeting.              | Worked three jobs at the same time.                      |
| Asked your child to be the primary cook for at least a month.                     | Received financial help from your church.                    | Had a family member with a serious life-threatening disease. | Had a car that was at least nine years old.              |
| Lived with at least three generations in the same house.                          | Shared a bedroom with more than one person.                  | Had only one bathroom in your house.                         | Never been more than 10 miles out of town.               |
| Washed your family's clothes in a public laundromat for at least six months.      | Been without food for at least 36 hours.                     | Known someone who doesn't speak English.                     | Known someone who was not born in the USA.               |
| Been unable to play sports because of the cost.                                   | Been watched closely while shopping.                         | Been arrested by mistake.                                    | Lost a job.  |
| Worked for minimum wage.  | Lived for more than six months without health insurance.     | Avoided a bill collector.                                    | Smelled of kerosene.                                     |
| Used a rent-to-own television.  | Been asked to move from your home.                           | Had a family member with a drug or alcohol problem.          | Placed buckets around to catch rain from the leaky roof. |